

K-8 Lunch NOVEMBER 2020

Cleveland Metropolitan School District

Monday	Tuesday	Wednesday	Thursday	Friday	
2 -Popcorn Chicken (12) -Green Beans -Apricot Cup -Milk	3 -Mini Corn Dogs (6) -Grape Tomatoes -Mixed Berry Cup -Milk Election Day 🇺🇸 ***No School for Students***	4 Pick-up Tuesday -Chicken Patty -Bun -Vegetarian Beans -Blue Ice Slushie -Milk	5 -French Toast Sticks (3) -Sausage patty (1) -Hash brown rounds (2) -Pear Cup -Milk	6 -Bosco Sticks (2) OR Taco Max Snax -Salsa -Applesauce -Milk	PLEASE NOTE: Schools are closed for cleaning on Wednesdays. Students will receive Wednesday's meals on Tuesday.
9 -Chicken Drumstick -Corn Muffin -Green Beans -Peach Cup -Milk	10 -Hamburger -Bun -Grape Tomatoes -Apricot Cup -Milk	11 Pick-up Tuesday -Boneless Wings (5) -Kidney Beans -Strawberry Cup -Milk Veteran's Day 🇺🇸 All Facilities Closed	12 -Hot Dog -Bun -Mini Carrots -Mixed Fruit Cup -Milk	13 -Mini Ravioli (14) -Spaghetti Sauce -Applesauce -Milk	
16 -Popcorn Chicken (12) -Green Beans -Apricot Cup -Milk	17 -Mini Corn Dogs (6) -Grape Tomatoes -Mixed Berry Cup -Milk Take a Hike Day 🌿	18 Pick-up Tuesday -Chicken Patty -Bun -Vegetarian Beans -Blue Ice Slushie -Milk	19 -French Toast Sticks (3) -Sausage patty (1) -Hash brown rounds (2) -Pear Cup -Milk	20 -Bosco Sticks (2) OR Taco Max Snax -Salsa -Applesauce -Milk	Milk Choices Fat-Free Chocolate Fat-Free Strawberry 1% White
23 -Chicken Drumstick -Corn Muffin -Green Beans -Peach Cup -Milk	24 -Hamburger -Bun -Grape Tomatoes -Apricot Cup -Milk	25 Pick-up Tuesday -Manger's Choice Entree -Mini Carrots -Strawberry Cup -Milk Thanksgiving Break 🍂 No School for Students	26 Pick-up Tuesday -Manager's Choice Entree -Grape Tomatoes -Mixed Berry Cup -Milk Thanksgiving Break 🍂 All Facilities Closed	27 Pick-up Tuesday -Manager's Choice Entrée -Mini Carrots -Applesauce Cup -Milk Thanksgiving Break 🍂 All Facilities Closed	Birthday Buzz: Shirley Chisholm Shirley Chisholm was the first black female to be elected to the US Congress and the first black major-party candidate to run for President. She served 7 terms before she retired from office and helped create the Congressional Black Caucus. A lifelong educator, Chisholm worked in schools and universities both before and after her time in Congress.
30 -Turkey Pepperoni Calzone -Green Beans -Apricot Cup -Milk Happy Birthday Shirley Chisholm 🎂	***Students are able to pick up meals on Election Day from all schools.***				

This institution is an equal opportunity provider.

Menus are subject to change due to the availability of products.

AT HOME REHEATING INSTRUCTIONS (INDICATES PREFERRED REHEATING METHOD)**

If foods are not to be eaten immediately, please store in refrigerator or freezer. If refrigerated, discard if not used in 7 days.

Breakfast Entrée Menu Items	Oven Instructions	Microwave Instructions
Mini Cinnamon Rolls Breakfast Pastries Mini Waffles Mini Pancakes (In ovenable film package)	Place package on baking sheet. DO NOT place package directly on oven rack. Bake at 350°F for 10-14 minutes, until heated through.** **From FROZEN, if thawed reduce cooking time by half	NOT RECOMMENDED FOR MICROWAVE HEATING
Grab-and go- Breakfast items do not require any heating and are Ready To Eat.		

ALL FOOD ITEMS NEED TO BE HEATED TO A MINIMUM INTERNAL TEMPERATURE OF 165°F FOR OPTIMAL FOOD SAFETY!

Lunch Entrée Menu Items	Oven or Stovetop Instructions	Microwave Instructions
Hamburger Breaded Chicken Sandwich Bonells Chicken Wings Popcorn Chicken Corn Dog Nuggets Chicken Drumstick Mini Ravioli Calzone Hot Dog Bosco Stick Quesadilla Max Snax French Toast Sticks Sausage Patty Hash Brown Round	Unwrap from packaging and place on baking sheet. Bake at 350°F for 15-17 minutes, until heated through** **FROM FROZEN, if thawed reduce cooking time by half	Remove from packaging. Wrap in paper towel and place on microwave safe plate. Heat 2-3 minutes.

Vegetable Items	Oven or Stovetop Instructions	Microwave Instructions
Baked Beans Green Beans Kidney Beans	Remove from packaging. Place in small saucepan. For baked beans do not add water, For green beans Add 2 TBSP water, Boil until heated through.	Remove lid, pour contents into microwave safe container. Heat 2-3 minutes, stirring halfway through.

PLEASE DISCARD ANY FOOD LEFT AT ROOM TEMPERATURE MORE THAN 2 HOURS DUE TO POTENTIAL SAFETY RISK.